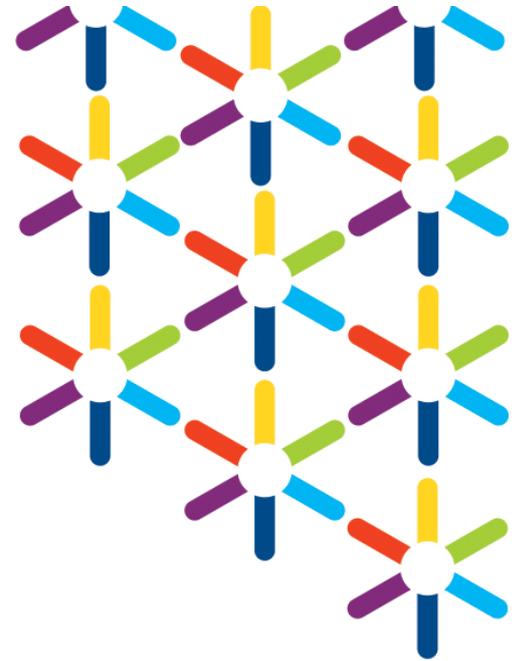

CROSSWORDS \$1

Feeling overwhelmed by COVID-19 and need some support? Talk to someone.



Mental health support lines

Helping Minds provides free emotional support services. You can access three free phone or video counselling sessions with a mental health professional, without the need for a GP referral.

Appointments can be made between 8.30am-4.30pm Mon to Fri.

Phone and video counselling appointments are available between 7am and 7pm.

Helping minds can be contacted on 1800 811 747 or through their website at helpingminds.com.au

For urgent support contact Lifeline on 13 11 14

Beyond Blue: 1300 224 636 or beyondblue.org.au

MindSpot Clinic: 1800 61 44 34 or mindspot.org.au

Kids Helpline: 1800 55 1800 or kidshelpline.com.au

Alcohol and drug support lines

Alcohol and Drug Support Line (08) 9442 5000

Country Toll-free: 1800 198 024

Parent and Family Drug Support Line (08) 9442 5050

Country Toll-Free: 1800 653 203

For more information visit thinkmentalhealthwa.com.au

think
MENTAL HEALTH

The Crosswords is produced by the
Southern Cross CRC,
PO Box 178, Canopus St,
Southern Cross WA 6426

Phone: 08 9049 1688 Fax: 08 9049 1686

Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

**Shire of Yilgarn
Emergency information hotline
Call (08) 9487 8777**

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours.

| | |
|------------------|--------------------------|
| Monday | 1:00pm to 4:00pm |
| Tuesday | 1:00pm to 4:00pm |
| Wednesday | Closed |
| Thursday | Closed |
| Friday | 1:00pm to 4:00pm |
| Saturday | 10:00am to 4:00pm |
| Sunday | 10:00am to 4:00pm |

Crosswords Advertising Rates 2019/20 (as of 1 July 2019)

Business Advertisements

(Business premises outside of the Shire of Yilgarn)

| | Black | | Colour | |
|----------------|----------------|------------------|----------------|------------------|
| | No Typesetting | With Typesetting | No Typesetting | With Typesetting |
| Full Page (A4) | \$35.00 | \$55.00 | \$160.00 | \$180.00 |
| 1/2 Page (A5) | \$20.00 | \$30.00 | \$90.00 | \$100.00 |
| 1/4 Page | \$15.00 | \$25.00 | \$50.00 | \$60.00 |

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

| | | | | |
|----------------|---------|---------|----------|----------|
| Full Page (A4) | \$30.00 | \$50.00 | \$130.00 | \$160.00 |
| 1/2 Page (A5) | \$15.00 | \$18.00 | \$70.00 | \$90.00 |
| 1/4 Page | \$10.00 | \$15.00 | \$35.00 | \$40.00 |

| | |
|---|--------|
| Lineage (Employment, Real Estate, Garage Sales maximum 6 lines) | \$8.00 |
|---|--------|

Advert size specifications for Crosswords (W x H)

| | |
|---------------------|---------------|
| 1/4 page vertical | 90mm x 120mm |
| 1/4 page horizontal | 180mm x 60mm |
| 1/2 page vertical | 90mm x 270mm |
| 1/2 page horizontal | 180mm x 120mm |
| A4 Full page | 180mm x 270mm |

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.



DON'T FORGET!
Crosswords' submissions
close every 2nd Tuesday at 12.00 noon

2020 Publishing Dates

| Deadline 12 noon | Publishing Date |
|------------------|-----------------|
| 7/07/2020 | 9/07/2020 |
| 21/07/2020 | 23/07/2020 |
| 4/08/2020 | 6/08/2020 |
| 18/08/2020 | 20/08/2020 |
| 1/09/2020 | 3/09/2020 |
| 15/09/2020 | 17/09/2020 |
| 29/09/2020 | 1/10/2020 |
| 13/10/2020 | 15/10/2020 |
| 27/10/2020 | 29/10/2020 |
| 10/11/2020 | 12/11/2020 |
| 24/11/2020 | 26/11/2020 |
| 8/12/2020 | 10/12/2020 |

Crosswords for

FREE?!

If you wish to receive the Crosswords for free via email, send an email to crc@yilgarn.wa.gov.au to register.

Church Notices / Updates



48 Altair Street, Southern Cross
 SX Presbytery: 9049 1049 (Fri to Sun)
 Kalgoorlie Presbytery: 9021 2100 (Mon to Thurs)
 Email: kalgoorlie@perthcatholic.org.au
 Facebook: Lucy Montserrat
 YouTube: Yilgarn Westonia Catholic

Public Mass re-commenced at Our Lady of Montserrat church on the weekend of 23/24 May. COVID-19 protocols are posted as a notice on the front door of the church. Please read this notice carefully before entering the church.

Mass Times
 Saturday 6:30pm*
 Sunday 8:30am

* As well as being open to the public, Saturday evening Mass will be live-streamed each weekend. The live-stream is for those for whom getting to OLM church on the weekend is impractical. Live-streamed Masses will continue to be available in "Catch-up" mode via the parish YouTube channel.



Service held 1st Sunday of the month.

Contact:
 John McKane 9041 1117
 Mobile 0435 507 606

Cheryl Auld 9049 8026
 Diane Della Bosca 9049 1149



| | |
|-----------|--|
| July | No Anglican service |
| August | Saturday 15 th 11.00am |
| September | No Anglican service |
| October | Saturday 17 th 11.00am |
| November | No Anglican service |
| December | Saturday 19 th 11.00am "Christmas" service |

IMPOSITION OF 2020/2021 SCHEDULE OF FEES AND CHARGES

Pursuant to section 6.19 of the Local Government Act 1995 notice is hereby given that Council, at their May 2020 meeting, resolved to impose a Schedule of Fees & Charges for the 2020/2021 Financial Year.

A copy of the 2020/2021 Schedule of Fees & Charges can be found on Councils website at www.yilgarn.wa.gov.au; or at the

Shire Administration

23 Antares Street
Southern Cross

Shire Library

Canopus Street
Southern Cross

Council has maintained the same level of fees & charges as those imposed in 2019/2020.

The Fees and Charges for 2020/2021 will come into effect as of **Wednesday, 1st of July 2020**.

Peter Clarke
Chief Executive Officer

NOTICE OF SPECIAL MEETING OF COUNCIL

In accordance with regulation 12(3) of the *Local Government (Administration) Regulations 1996*, notice is hereby given of the following Special Meeting of Council:

To be held on **Wednesday 8th July 2020, commencing at 3:00pm** in the Council Chamber at the Shire Administration Centre, 23 Antares Street, Southern Cross.

The purpose of the meeting is to finalise the 2020/2021 budget.

This meeting will be open to members of the public and the agenda will be publicly available on Council's website 72 hours prior to the meeting date.

Peter Clarke
Chief Executive Officer

RE-ESTABLISHMENT OF TOURISM ADVISORY COMMITTEE

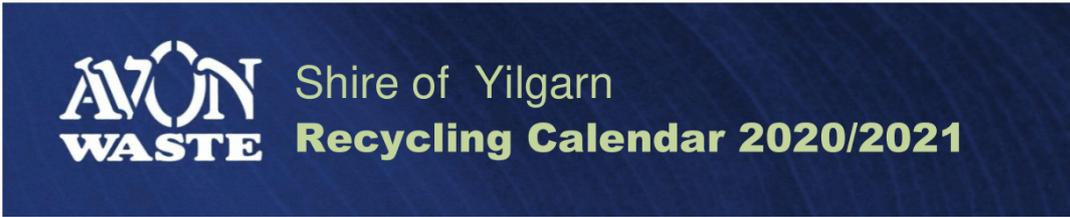
EXPRESSIONS OF INTEREST FOR COMMUNITY COMMITTEE MEMBERS

Council at its June 2020 Ordinary meeting adopted its Community Strategic Plan 2020-2030. During the community consultation process in developing this Plan, one of the priorities identified was the need to increase tourism and to promote the Shire and its attractions more positively.

Based on the feedback received and identification that the Shire of Yilgarn should be more strategically promoting tourism in the district, Council will be re-establishing its Tourism Advisory Committee. To ensure that the community has input into future tourism projects, Council is calling for expressions of interest from enthusiastic community members who have a passion for tourism to become members of this re-formed Committee. It will be the Committee's responsibility to develop strategies and projects for presentation to Council for adoption.

It is therefore requested that community members express their interest in being involved in this Committee to the undersigned prior to **Friday, 17 July 2019**.

Peter Clarke
Chief Executive Officer



July 2020

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September 2020

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October 2020

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November 2020

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December 2020

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January 2021

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February 2021

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March 2021

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April 2021

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May 2021

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June 2021

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| 27 | 28 | 29 | 30 | | | |

- Marvel Loch, Moorine Rock & Bodallin Rubbish Only
- Southern Cross Rubbish only
- Southern cross rubbish and recycling, Marvel Loch, Moorine Rock & Bodallin RC



WHAT CAN GO INTO YOUR RECYCLE BIN

- **Glass** - All glass and ceramics, whole and broken
- **Plastic** - All plastic containers and plastic wraps (empty with lids off)
- **Paper** - All paper, junk mail and glossy magazines
- **Cardboard** - All cardboard products
- **Aluminium & Steel** - All metals, steel & aluminium including aerosol cans
- **Liquid Paperboard** - Milk, juice and laundry detergent cartons.

There will be changes to the service over the Christmas Period.

MARKYT Community Resilience Scorecard

Dear residents

Our community has been invited to take part in a state-wide collaboration.

This collaboration sees State Government and 139 Local Governments across Western Australia moving forward together. The study will gather and share baseline and informing data to help local communities like ours to recover and thrive following the COVID-19 outbreak in Australia.

- This study will provide **direct benefit** to our community.
- We will get **robust data** to share with you that lets us know how we're coping, as a community.
- We will prioritise our key focus areas to **decide on our next steps, together**.

Importantly, we will be able to see how we're going compared to other local governments – to share our experiences and to learn from one another.

- Where are we strong, and can help others?
- Where are we having challenges, and who can help us?

With limited resources available to conduct studies like this, we are grateful to the following organisations for providing funding and pro-bono support to make this possible.



Project Leader

Pro-bono supporter

State Government Partner

Funding provider

Industry Partner

Pro-bono supporter

Remarkable times call for remarkable collaboration. We are stronger when we work together.

This is where we need your help.

1. Please complete a confidential **MARKYT Community Resilience Scorecard** by **3 July 2020**.
To care for the environment and manage costs, please consider submitting your response online.
Estimated completion time = 6-7 minutes.
2. Share with your family and friends. We'd like to hear from all residents aged 18+ years.



Complete a scorecard online:
www.research.net/r/MARKYT



Contact your Local Government
to request a printed scorecard

If you have any questions about this study, please contact your Local Government.

MEDIA RELEASE

Date: 11 June 2020

SCORECARD TO MAP LOCAL RESILIENCE

A MARKYT Community Resilience Scorecard has been launched to map community resilience, local government performance and community needs. Local Governments would like to hear from 10,000 residents across Western Australia.

The study is unique in its scale, reach and impact. The project sees the Department of Local Government, Sport and Cultural Industries, 139 Local Governments and local communities collaborating to access timely and relevant information. The idea was sparked by Lisa Lough from CATALYSE and Candy Choo from Local Government Professionals WA when they found there was a shared need for this information.

“This is a special collaboration. With scarce resources, many small and regional councils could not access important information. This project is only possible because the State Government, Local Government and people across WA are sharing resources, time and energy. It’s a genuine example of being stronger together.”

Lisa Lough, CATALYSE Pty Ltd

Early indicators from 2,300 residents are that COVID-19 has had a high impact on 1 in 5 residents and 1 in 3 residents continue to have high concerns about COVID-19.

Most residents agree their local government has put good health and safety practices in place to manage COVID-19 risks in local parks, libraries and community facilities.

Communities are showing their resilience. Around 8 in 10 residents rate their general health as good or better and 8 in 10 residents rate their social relationships as good or better. Most are feeling hopeful and enthusiastic about the future.

“Early results are encouraging. They highlight strong leadership in Local Government to support their communities. They reinforce the crucial role Local Government has during times of crisis and emergency.

Respondents are saying they want Local Government to take an active role in economic recovery and to engage local businesses and community members to create a Recovery Plan. But, to find out if these are the main priorities in each local government area, we need to hear from more people.”

Candy Choo, Local Government Professionals WA

The MARKYT Community Resilience Scorecard will remain open until 3 July 2020. It is open to all residents aged 18 years or older and can be completed online at www.research.net/r/MARKYT.



COVID-19 WA roadmap Phase 4

Phase 1 Phase 2 Phase 3

Phase 4

Phase 5

Phase 6

Now (from 6 June)

- Non-work gatherings permitted up to 100 people, 300 for venues with multiple spaces
- 4sqm rule removed, replaced with reduced 2sqm rule
- Full contact sport and training permitted
- Seated service for food businesses and licensed premises
- The following reopened with conditions:
 - galleries, cinemas and theatres
 - gyms and other fitness studios
 - beauty salons, spas and wellness centres
 - playgrounds and play centres
 - Rottnest Island, zoos and wildlife parks

27 June

Gatherings

- All existing limits removed
- Limits now only determined by WA's reduced 2sqm rule
- The 2sqm rule includes staff at venues that hold more than 500 patrons
- Optus Stadium, HBF Park and RAC Arena to operate at 50 per cent temporary capacity

Businesses

- Unseated service permitted at all food businesses and licensed premises
- Gyms unstaffed
- Casino gaming floor reopened, with temporary conditions
- Events, performances, live music, concerts permitted, except for large scale multi-stage music festivals



18 July*



2sqm rule no longer applies



REMOVAL OF REMAINING STATE GOVERNMENT RULES.

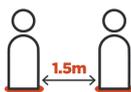
*Dates may be adjusted, depending on health advice.

WA hard border and access to remote Aboriginal communities



WA's border removal will be considered based on best health advice, taking into account infection rates over east.

Stay vigilant, protect yourself and others



Avoid close contact with others
Practise physical distancing



Healthy hygiene
Wash your hands regularly. Cover your mouth/nose when you cough/sneeze



Download the COVIDSafe app



2 square metre per person capacity rule for WA venues

We're all in this together.

WA.gov.au

FAMILY COUNSELLING SERVICE

WHEATBELT AGCARE

COMMUNITY SUPPORT SERVICES INC.

FAMILY COUNSELLOR

...helping rural people meet the challenges of change



Shires Serviced:

- ◆ Kellerberrin
- ◆ Merredin
- ◆ Mount Marshall
- ◆ Mukinbudin
- ◆ Nungarin
- ◆ Tammin
- ◆ Trayning
- ◆ Westonia
- ◆ Yilgarn

Contact: Kaye Bell
 PO Box 101
 Nungarin WA 6490
 Phone: (08) 9046 5091
 Fax: (08) 9046 5063
 Mobile: 0488 465 081
 Email: wheatbeltfamily@wn.com.au

WHEATBELT AGCARE.

.. "providing free, independent and confidential family counselling for the Wheatbelt."

For Complaints Resolution
 Contact in writing
 Chairman
 Wheatbelt Agcare
 PO Box 101
 Nungarin WA 6490
 Envelope marked Confidential



"good country for hardy people"

Supported by the Shire of Yilgarn

SUPPORT SERVICES

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line: 1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support): 1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

Grief Line (midday to 3am EST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570

Wheatbelt Domestic Violence Helpline 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA - 1300 724 679

Suicide Bereavement Service: 0474 076 849

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: (08) 9621 1055

Narrogin: (08) 9881 1999

Merredin: (08) 9081 3396

Victoria Park: (08) 9416 4444

Midland: (08) 9274 7055

Freecall: 1800 447 172

WACHS Wheatbelt Mental Health Service – (08) 9621 0999



Community News



St Joseph's Catholic Primary School

Position Vacant: Admin and Technical Officer

This is a temporary position for Semester 2, with the possibility of ongoing in 2021.

2 days per week (Thursday and Friday)

We are currently seeking an Administration and Technical Officer to join our school and support our daily office procedures. We are looking for someone who has a welcoming presence, reliable, strong work ethic, excellent communication skills and administration experience.

Experience working in a school, excellent computer skills (Microsoft suite), data entry and financial knowledge are desirable. Training will be given to support the implementation of our new office system.

Please send a cover letter and CV to admin@stjoessx.wa.edu.au. For further details please contact us by email or phone 9049 2100.

Applications close 3pm Monday 29th June.

Thank you

STAN BEATON

Stan's family would like to extend our sincere Thanks for the condolences, support & kindness we have received, during our sad loss. We also send our gratitude and appreciation to the staff of The Southern Cross Hospital for the care and friendship you gave Stan.

Because of the restrictions and the private funeral, we thought we would share the Eulogy (on the next page).

THANK YOU

On behalf of the Yilgarn History Museum, I would like to thank Rob Southall for the very generous donation of his time to clean the Museum's sheds and yard the first Friday of each month.

The quality of your work is excellent. It was a pleasure to receive on your behalf, the several compliments our visitors made on the quality of presentation of the Museum premises.

Thank you for your excellent work and community kindness.

Robin and volunteers

WANT TO PLACE A RENTAL OR HOUSE FOR SALE ADVERT?

Contact the CRC on 9049 1688 or crc@yilgarn.wa.gov.au to organise your ad to appear in our next edition!

On Saturday the 13th June the P & F participated in a wood raffle. This was a great success, we raised over \$1200. Thank you to all the members of the community for their support and donations. A special mention goes to Ray Collins and Kyle Carlson for going out and getting our load of wood and to Bryan Close for donating the \$100 back to the school.

Thank you to all the parents and staff that were available to help out on the day, this could not have been done without you. Congratulations to the following winners: Scratchie board Glenys Emmett, Wood Raffle Ashley Spencer and the two \$100 note board winners Norma Brown and Bryan Close.

We raise money to help our children go to camp and purchase items for use in each classroom. We look forward to seeing the continued amazing support from our community, in the future.



Stan Beaton

Stan Beaton, our Dad, our Pop and our friend had an interesting, hard working and rewarding life. He was born on the home farm at Garratt on the 21st July 1933. He was the third born of four boys to Ernie and Nell Beaton. His Mum wasn't all that well during his young life and he spent a good deal of his school days with his Aunt and Uncle. Stan's schooling started at Murrin Murrin, to Brookton, to Southern Cross and then to Narrogin.

Stan started earning his first money at the age of 11. While attending school at Brookton, he would set rabbit traps and then check them after school, again after the evening meal and 1st thing in the morning. He gutted all the rabbits he caught, joined two together and would hang them on a specific point on the fence. The Charlie Carters truck would pick them up and take them back to Perth. He was paid one and six a pair and felt very rich when he made his first five pounds.

Stan's younger working years were a mixture of farming and shearing. After leaving his own family farm, Stan acquired his own land where he grew grain and livestock, mainly pigs. The pig enterprise grew into a lucrative business over the years, boasting three intensive pig sheds.

In 1955 Stan married a local girl Agnes Winchcomb, they were inseparable and had a very happy marriage and four kids. Stan always said his happiest times were those spent with family. Even after a long day at work he always had time to sit at the table for hours helping with homework or on weekends carting the kids around the countryside with a truckload of horses to shows & gymkhana's. He was very proud of his family and their achievements. Watching his 9 grandchildren over the years gave him a lot of happiness and in recent years his 6 great grand children filled his heart with love.

Stan's shearing took him to competitive shearing. He was placed first at the Southern Cross show in 1961. He then competed at Eastern Districts where he also placed first. He went on to win the West Australian Championships at the Perth Royal Show before going to Melbourne for the Australian Championships where he placed 11th out of 80 entrants. He was very modest about his success, but the achievement of State Champion was highly regarded.

Stan loved his sport, whether playing or watching and throughout his school years was a keen gymnast at Narrogin Ag College. He earned the reputation as being incredibly talented at walking on his hands. He once had a bet with a shed hand while shearing at Granich's farm that he couldn't walk on his hands from the shearing shed to the house at lunch. He managed it without a hitch and consequently won five dozen big browns. He enjoyed playing footy and did so until he landed on a cricket pitch on the oval and damaged a vertebrae in his neck. Stan was also an accomplished all-rounder in the local cricket competition and played for Southern Cross and later with Moorine Rock where he was proud to play alongside Jack for a few years. Stan was actively involved in the Southern Cross Fire Brigade alongside with his brother Ken in their early years and received a Life Membership that he treasured. Stan also enjoyed tennis up until his 60's and was still hitting the tennis ball well when he was out on the court. It is clear, Stan's passion and ability at sport has been inherited throughout the family members.

At the end of 1989 Stan's world came crashing down when Ag died of cancer after a short illness. It was devastating for the whole family as we were all so close.

After being so lost & lonely without Ag, Stan was lucky enough to reunite with his childhood friend Ann and they spent many happy years together. He loved their many trips, firstly in the camper trailer, then the caravan and then Ann even got him on a plane several times, where they enjoyed fantastic trips to Tasmania, New South Wales and New Zealand. It was only in the last few weeks that he was fondly looking through the diary & photos and reminiscing about their New Zealand trip. He loved time spent with your family Ann, the meals out with friends and all your home comforts, great company & conversations.

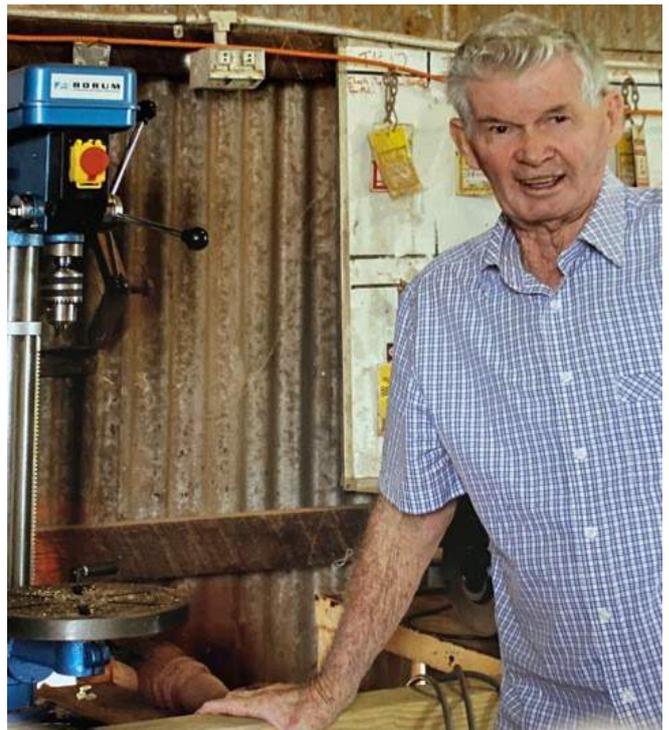
Stan's life has been in Southern Cross and he loved this town and its people. We only wish under different circumstances that the town could have given him the send off he deserved. He loved a celebration and a get together. We celebrated his 60th birthday at The Palace Hotel, his 70th birthday at Carine Tavern and he was in his element with a big celebration at The SX Golf Club for his 80th. We were only just telling him that we would be celebrating his 90th in style too but you let us down there Pop.

One of Pop's favourite times in retirement was going out to get a load of wood with his best mate Jack. All other plans were put on hold if Jack offered a wood trip. He got great pleasure from being part of a family trip to Dunsborough to celebrate Hannah & Josh's wedding. He even let the moths out and shouted himself a new suit. Pop loved Hannah's infectious laugh, none more than the day they went for a drive and he told her not to stop in the middle of a big puddle. Of course, she did pull up and evidently had to be towed out! He enjoyed going to watch the SX Bombers play footy and always voted No 1 and No 6 as the best players who coincidentally happened to be Matt & Sam. He wasn't one eyed at all. He was so happy for Matt when Tash joined our family and his great grandson Ziggy arrived. He never quite got the hang of Myla's name, but loved to have a cuddle at every chance.

He loved driving himself down to the Leeder's in Perth, it took some persuading, but he finally accepted that the prospector was a better option. We will always treasure the Christmases and Easters spent together, not to mention our mandatory Chinese banquet at every opportunity. Pop never missed one of Matilda's or Lollipops birthdays, which are memories they will treasure forever. He especially enjoyed spending time at the Gingin farm, giving Justin advice on the sheep and watching how quickly the improvements progressed. The many shopping trips with Astrid and Leanne for undies and singlets and the visits to Australian Hearing will also be missed, despite walking out of that office and at least one of the hearing aids being swiftly returned to his pocket. We know you had special pride watching Tom and Harrison taking over the family business, we will treasure your visits to work, the many lunches and treats from the bakery we shared at grasstrees and snoozes on the black couch in the office. He was especially proud to have met and cuddled Evie, and we know he will be watching over Daisy. He treasured his daily phone call from Leanne for updates on the family and especially his great grandies, we all have our special memories to keep.

A trip to Lib & Hugh's always took awhile as he surveyed all the crops on the way down. The cheese scones would be waiting on arrival. He loved to tell us that the first sheep he shored was on the Irving farm. He enjoyed his prospecting trips with Hugh and was pretty proud of himself when he found a few nuggets. Hamish will always treasure Pop's old land cruiser as well as the old-timer pocketknife now in the ashtray. Even though Angus assured him he did not have a girlfriend, he still got asked on every visit. Staying with us at Han's wedding, Sam & Kate were amused at him putting Sam's coconut water in his coffee and golden syrup on his toast. He was always wanting to have a bet with Sam & Matt on the cricket. The bet would be recorded on one of the many bits of paper in his wallet.

Pop, you will always be remembered for your many birthdays, your love of a chat and your sense of humor. We weren't ready to let you go but you were too tired to stay. Rest peacefully; you have a lot to catch up on with Ag. We love you and will miss you.



Carer Gateway Peer Support Groups



The **Peer Support Groups** program offered under Carer Gateway and HelpingMinds provides a unique way for carers to meet like-minded people and connect through the power of peer support.

Our aim is to link carers together, enabling them to share stories and connect with people in similar circumstances in a safe and non-judgmental environment.

We will also assist you to build on the skills that you have already developed in your carer role in order to support and guide others who are in a similar situations.

The four week program prepares you for the possibility of facilitating your own support group which you can choose to continue if you feel confident. Your Carer Gateway facilitator will be there to support you throughout the process and into the future.

The groups are ongoing at various dates, times and locations throughout the year. Online and face to face groups available.

This **free 4-week program** focuses on the following themes:

The importance of connection

Finding community

Making meaning of now

Finding purpose

Frequently asked questions

Who can participate in the Support Groups?

The Peer Support Groups are for adult carers who are supporting a loved one through the challenges associated with disability, mental health, age, addiction or palliative care etc.

Where will the groups be held?

Groups will be held in various locations throughout the Perth metro area. Online programs also offered for regional carers or for those unable to travel to metro venues.

How often do the Peer Support Groups run?

Programs will be held throughout the year and run each week for 4 consecutive weeks. After the 4 weeks, there will be the option of continuing to meet at dates and times that suit group members.

How can I find out more?

To learn more about this program, please contact HelpingMinds on **9427 7100** or email us on intake@helpingminds.org.au

This Program is funded by the Commonwealth Government Department of Social Services.



Call us on **(08) 9427 7100**
helpingminds.org.au/carergateway

Carer Gateway Peer Support Groups



In Person

Peer Support Groups

Each group runs for **4 consecutive weeks**. After the 4 weeks, there will be the option of continuing to meet at dates and times that suit group members.

Mental Health Carers

Start date: Wednesday 1 July 2020

Time: 10am - 11am

Location: HelpingMinds Midland
1A Sayer Street, Midland WA

Aged Care Carers

Start date: Thursday 2 July 2020

Time: 10am - 11am

Location: HelpingMinds Mandurah
Lotteries House, 7 Anzac Place, Mandurah

Addiction Carers

Start date: Monday 29 June 2020

Time: 6pm - 7pm

Location: HelpingMinds Hillarys
6/32 Endeavour Rd, Hillarys WA

Online

Peer Support Groups

Groups will be held online and a link will be emailed upon registration. Each group runs for **4 consecutive weeks**, with the option of continuing in the future.

Aged Care Carers

Start date: Tuesday 30 June 2020

Time: 2pm - 3pm

Disability Carers

Start date: Monday 29 June 2020

Time: 10am - 11am

Mental Health Carers

Start date: Thursday 2 July 2020

Time: 6pm - 7pm



WiringKids in partnership with Parenting Connection presents:

Communicating with Teens

Everyone reacts differently to stressful situations. Parents have a tough job raising teenagers today. Some react by getting tough and giving their teens no wiggle room and others throw their hands up in the air and abdicate their responsibilities. Both of these approaches do not foster communication between parent and their teen, neither does it provide a teenager with a safe place to air their doubts and explore options. This workshop provides strategies on how to build respectful and positive communication with your teenager leading to more satisfactory relationships in the long term.

THIS IS AN INTERACTIVE ON-LINE WORKSHOP

DATE: Tuesday 30th June 2020
TIME: 7:30 PM to 8:30 PM
VENUE: The comfort of your own home
RSVP: **By email to Jeni :** JPages@wanslea.asn.au
By Friday 26th June 2020.

Supported by



Government of **Western Australia**
Department of **Communities**



It's Official

2020 Nominations are Open!

The **Western Australian Regional Achievement and Community Awards** are designed to encourage, acknowledge and reward the valuable contributions individuals, communities and businesses are making throughout regional and rural Western Australia.

Do you know an individual, group, business or organisation who deserves to be recognised? We would love for you to enter them into the Awards!

Please below for a list of categories that are now open:

- **Insurance Commission of Western Australia** – Regional Safety Award
- **RAC** – Volunteering Award
- **Ricoh Australia** – Customer Service Award
- **Rinehart** - Development of Northern Regional WA Award
- **Curtin University, School of Education** Teaching Excellence Award
- **Prime Super** – Employer Excellence in Aged Care Award
- **Woolworths** – Community Group of the Year Award
- **Prime Super** - Business Achievement Award
- **Department of Local Government, Sport and Cultural Industries** – Making a Difference Award
- **Department of Primary Industries and Regional Development** - Economic Development Award

Category winners will be receive a share in amazing prizes and a magnificent trophy. Plus, we will send out a media release to each of the nominee's local papers encouraging them to write a story, and every nominee will receive a certificate of achievement.

The Awards are free to enter – And completing a nomination online is easy! If you are ready to start your nomination please go to our [online portal](#) and select the category from the dropdown nomination award menu.

Want to recognise someone but don't have the time? No problem, we are more than willing to help! Simply [Refer Someone](#) to us - It takes only 2 minutes to complete the form and our team does the rest! We'll get in contact with them and have them complete the questions. It's that easy!

To find out more about the Awards please see our website (<https://awardsaustralia.com/regional-achievement-community-awards/wa/>)

Nominations close **Friday 7th August 2020.**



Mentally Healthy WA

being **active**, having a
sense of **belonging** and
having a **purpose** in life all
contribute to happiness
and good **mental health**

A campaign poster for Mia DAVIES MLA. At the top, her name 'Mia DAVIES' is in large green letters, with 'MLA' to the right. Below it, 'Leader of The Nationals WA' is written in smaller green text. A yellow banner across the middle contains the text 'CENTRAL WHEATBELT' in black. To the right of the banner, the phrase 'Matters to me' is written in a green, handwritten-style font. The central image shows Mia DAVIES, a blonde woman in a white shirt and dark trousers, standing on a street. At the bottom, there is a green section with contact information for Northam and Merredin offices, social media links, and the 'THE NATIONALS for Regional WA' logo. The text 'Authorised by M. Davies, Northam Boulevard Shopping Centre, Fitzgerald Street, Northam.' is at the very bottom.

Did You Know?

Did you know that Goodin's hall (alongside the Club Hotel) was used for balls and dances as well as picture shows. To polish the floor for dancing, Skeet the local carpenter would attach a sand bag to his motor bike and go roaring around the floor.

During summer when pictures were shown outside in the garden, local lads often sat on the roof of a shed at the rear of the club hotel to get a free showing.

These were affectionately known as the ripple seats. Threats to dislodge the unwanted guests were of no avail, until one night they were hosed down with cold water. The admission cost to see Sunday night pictures was a silver coin, and many a half-penny covered with silver paper was passed over.

Goodin's hall was built in 1928 and used until 1965 when the drive-in pictures took over. For a few years the old hall was used by the local Youth Club.

In 1990 it was pulled down to make way for the present function room at the Club Hotel, the Oregon roof beams from the hall being used in the function room. They are still there. A slice of history preserved, thanks to Robbie Della Bosca.

©Lance Stevens

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Mick Hanretty mb: 0437338608



Dr Andrea Roberts BVMS,
PO Box 543 MERREDIN WA 6415
Ph:0428212945
ABN 23036138418

**SOUTHERN CROSS 2020 MOBILE VET VISIT
DATES**

Thurs 9th July Thurs 6th Aug
Thurs 3rd Sept Fri 2nd Oct
Thurs 29th Oct Thurs 26th Nov
Wed 16th Dec

House for Sale

**11 Omega Street, SX - \$100,000.00 or
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A neat and tidy three bedroom, one bathroom home waiting for its new owners.

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& Equipment Hire.

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Calendar of Events

| | |
|------------|---|
| Wed 8 Jul | Special Meeting of Council @ Shire of Yilgarn Council Chambers 3:00pm |
| Thu 9 Jul | Pat & Chat Mobile Vet in town |
| Thu 16 Jul | Shire of Yilgarn Council Meeting @ 4:00pm |
| Wed 22 Jul | Merredin Veterinary Clinic in town |

2021 Calendar—WE WANT YOUR PHOTOS!

We're starting the collection early this year, and would love to see your photos!

Please note we only accept photos taken in the Yilgarn, and prefer photos to not include people in them (unless we receive permission from the person at the time of photo lodgement).

Sometimes we get a lot of photo submissions, so unfortunately not every photo received will be featured.

Please email photos to crc@yilgarn.wa.gov.au



Revitalising our regions
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Recycling Days

| | |
|--------------|-------------|
| June 26 | October 9 |
| July 10 | October 23 |
| July 24 | November 13 |
| August 14 | November 27 |
| August 28 | December 11 |
| September 11 | December 25 |
| September 25 | |