# CROSSWORDS \$1



# Attracting future doctors to rural practice

### **Wheatbelt Medical Student Immersion Program** TUESDAY 10 TO FRIDAY 13 MARCH 2020 **Opportunity to billet medical students**

From Tuesday 10 to Friday 13 March 2020, 200 medical students from Curtin Medical School and The University of Notre Dame Australia Fremantle School of Medicine will participate in a rural immersion experience in Bruce Rock, Cunderdin, Corrigin, Kellerberrin, Merredin, Moora, Narrogin, Southern Cross and Westonia.

Students will be billeted with local residents who can provide them with valuable first-hand experience of rural life and issues. During their stay, students will experience a farm safety course and visit local general practices, hospitals and schools. On their final night in your town, the students will host a community dinner to say thank you for your generosity and support. If you live within 20 kilometres of the listed towns, would like to be part of this unique experience and can billet two or more medical students from Tuesday 10 to Friday 13 March 2020, please contact your local shire.

For further information about the program, please contact:

#### **Betony Dawson**

Project Officer – Workforce Solutions Rural Health West

- **T** 08 6389 4567
- **E** betony.dawson@ruralhw.com.au



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The Crosswords is produced by the Southern Cross CRC, PO Box 178, Canopus St, Southern Cross WA 6426 Phone: 08 9049 1688 Fax: 08 9049 1686 Email: crc@yilgarn.wa.gov.au

### Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

### Shire of Yilgarn Emergency information hotline Call (08) 9487 8777

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

### **Southern Cross Landfill Times**

Monday	1:00pm to 4:00pm	
Tuesday	1:00pm to 4:00pm	
Wednesday	Closed	
Thursday	Closed	
Friday	1:00pm to 4:00pm	
Saturday	10:00am to 4:00pm	
Sunday	10:00am to 4:00pm	

\$8.00

### Crosswords Advertising Rates 2019/20 (as of 1 July 2019)

Business Advertisements (Business premises outside of the Shire	Black		Colour	
of Yilgarn)	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

#### Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines)

### Advert size specifications for Crosswords (W x H)

1/4 page vertical	90mm x 120mm	,	*
1/4 page horizontal	180mm x 60mm	*	*
1/2 page vertical	90mm x 270mm		*
1/2 page horizontal	180mm x 120mm		<b>*</b>
A4 Full page	180mm x 270mm		
A5 adverts which are	not horizontal will be displayed in print on their side to ensure	no modifie	cation to
advertisements.			

### DON'T FORGET! Crosswords' submissions close every 2nd Tuesday at 12.00 noon

### 2020 Publishing Dates

Deadline 12 noon	Publishing Date
21/01/2020	23/01/2020
4/02/2020	6/02/2020
18/02/2020	20/02/2020
3/03/2020	5/03/2020
17/03/2020	19/03/2020
31/03/2020	2/04/2020
14/04/2020	16/04/2020
28/04/2020	30/04/2020
12/05/2020	14/05/2020
26/05/2020	28/05/2020
9/06/2020	11/06/2020
23/06/2020	25/06/2020
7/07/2020	9/07/2020
21/07/2020	23/07/2020
4/08/2020	6/08/2020
18/08/2020	20/08/2020
1/09/2020	3/09/2020
15/09/2020	17/09/2020
29/09/2020	1/10/2020
13/10/2020	15/10/2020
27/10/2020	29/10/2020
10/11/2020	12/11/2020
24/11/2020	26/11/2020
8/12/2020	10/12/2020

## **Church Notices**

### Service held 1st Sunday of the month.

AGniting Bhurch

Contact:
John McKane
Mobile
Cheryl Auld
Diane Della Bosca

9041 1117 0435 507 606 9049 8026 9049 1149



48 Altair Street, Southern Cross SX Presbytery 9049 1049 (Fri to Mon) Kalgoorlie Parish 9021 2100 (Tues to Thurs) Email: <u>kalgoorlie@perthcatholic.org.au</u>

If your child does not attend St Joseph's Primary School and you would like them to receive a Sacrament in our parish in 2020, please register your interest with the Kalgoorlie Parish Office (preferably before the end of February). All other things being equal, children typically receive the following Sacraments at the following school year levels:

Year 3: 1st Reconciliation Year 4: 1st Holy Communion Year 6: Confirmation

### Mass Times

From 1st Nov to 30th Apr Saturday 6:00pm Sunday 8:30am From 1st May to 31st Oct Saturday 6:00pm Sunday 9:30am



# Shire news



### SHIRE OF YILGARN

### 2020 COUNCIL MEETING SCHEDULE

In accordance with Section 12 of the *Local Government (Administration) Regulations 1996*, it is hereby notified for public information that the following dates and times have been set for the Shire of Yilgarn's 2020 Ordinary meetings of Council:-

January 2020	No Meeting Scheduled	
46		
Thursday, 20 <sup>th</sup>	February 2020	Council Chambers Southern Cross
Thursday, 19 <sup>th</sup>	March 2020	Council Chambers Southern Cross
Thursday, 16 <sup>th</sup>	April 2020	Council Chambers Southern Cross
Thursday, 21 <sup>st</sup>	May 2020	Council Chambers Southern Cross
Thursday, 18 <sup>th</sup>	June 2020	Council Chambers Southern Cross
Thursday, 16 <sup>th</sup>	July 2020	Council Chambers Southern Cross
Thursday, 20 <sup>th</sup>	August 2020	Council Chambers Southern Cross
Thursday, 17 <sup>th</sup>	September 2020	Council Chambers Southern Cross
Thursday, 15 <sup>th</sup>	October 2020	Mt. Hampton Hall
Thursday, 19 <sup>th</sup>	November 2020	Council Chambers Southern Cross
Thursday, 17 <sup>th</sup>	December 2020	Council Chambers Southern Cross

The above meetings are open to the public and commence at **4.00pm**. A 15 minute Public Question Time is allocated at the commencement of each meeting where residents are welcome to ask questions, with or without notice, or raise an issue considered relevant to the operations of Council. In some cases prior notification of a proposed question is considered prudent, particularly if the matter requires some research. Residents are also welcome to attend the whole meeting however, they are not permitted to speak (unless directed by the Shire President) or take part in debate on any agenda item.

Other meetings such as the Annual Meeting of Electors and Special Meetings of Council called for a specific issue are advertised separately.

Peter Clarke CHIEF EXECUTIVE OFFICER





### REVIEW OF SHIRE OF YILGARN'S COMMUNITY STRATEGIC PLAN

### **COMMUNITY SURVEY RESULTS**

Following the conduct of the Community Survey as part of the review of the Shire of Yilgarn's Community Strategic Plan, the results of the survey have now been compiled and are available in hard copy from the Shire office or can be accessed via Council's webpage <u>www.yilgarn.wa.gov.au.</u>

The results of the survey will be formally presented at a Community Strategic Planning Workshop to be conducted mid-February 2020. Please watch for notification of the Workshop date in future editions of Crosswords.

Council encourages residents to view the survey results in order that they are aware of the outcomes prior to attending the Planning Workshops.

Peter Clarke Chief Executive Officer

FAMILY COUNSELLING SERVICE

WHEATBELT AGCARE COMMUNITY SUPPORT SERVICES INC.

### Shires Serviced:

- Kellerberrin
- Merredin
- Mount Marshall
- Mukinbudin
- Nungarin
- Tammin
- Trayning
- Westonia
- Yilgarn

### WHEATBELT AGCARE.

.. "providing free, independent and confidential family counselling for the Wheatbelt."

### FAMILY COUNSELLOR



...helping rural people meet the challenges of change

Contact: Kaye Bell **PO Box 101 Nungarin WA 6490** Phone: (08) 9046 5091 Fax: (08) 9046 5063 Mobile: 0488 465 081 **Email: wheatbeltfamily@wn.com.au** 

For Complaints Resolution Contact in writing Chairman Wheatbelt Agcare PO Box 101 Nungarin WA 6490 Envelope marked Confidential



"good country for hardy people"

Supported by the Shire of Yilgarn





### ANNUAL ELECTORS MEETING 2018/2019 FINANCIAL YEAR

Pursuant to section 5.29(1)(a) of the Local Government Act 1995, notice is hereby given that the Annual Meeting of Electors of the Shire of Yilgarn will be held on **Tuesday**, **11 February 2020** in the Council Chambers, Antares Street, Southern Cross commencing at **6.00pm**.

The Order of Business will be as follows:-

- 1. Attendance and Apologies
- 2. Confirmation of Previous Minutes

Minutes of Annual Electors meeting held on Thursday, 21 March 2019.

- 3. Adoption of the Annual Report and Financial Statements for the 2018/2019 Financial Year.
- 4. Adoption of the 2018/2019 Auditor's Report
- 5. Adoption of the Shire President's Report
- 6. Adoption of the CEO's Report
- 7. General Business or Other Business at the Discretion of the Shire President or as approved

by the Electors present.

8. Closure

A copy of the Annual Report is available on the Shire of Yilgarn's website <u>www.yilgarn.wa.gov.au</u>.

Electors wishing to ask questions that require research are asked to submit same in writing by Wednesday, 5 February 2020.

Peter Clarke Chief Executive Officer



# AUSTRALIA DAY 2020 SUNDOWNER

# Sunday, 26th January 2020

Southern Cross Oval \*Start activities: 4.00pm \*Ceremony: 5.00pm \*Continue activities \*Sausage Sizzle: 6.00pm \*Movie: 7.30pm (or when dark)



# Southern Cross Community Resource Centre Coming up this year....

### WINDOW TO THE REGIONS PROJECT - SOUTHERN CROSS-



### FOLLOW - UP WORKSHOP





Tuesday 11th February 5pm - 7pm Southern Cross CRC



Please bring small prints of your photo story and also your high resolution images on thumbdrive

## **EXPRESSIONS OF INTEREST WANTED!**

### **BUSINESS TRAINING & HELP**

This year we want to help our local businesses, or people wanting to start new businesses.

The CRC is able to get facilitators in to assist with information for new business start ups, social media for business, bookkeeping and administration workshops and more.

Please let the CRC know if this is something you'd be interested in with a few suggestions of what would help YOUR business!

### TRAINING OPPORTUNITIES

Along with helping our businesses, the CRC would love to assist people to learn news skills and knowledge to help them gain employment or improve on their current skills. Some courses we may be able to get facilitators for are: new to computers, Microsoft Office training, bookkeeping and more. Please let the CRC know if this is something you'd be interested in.

### crc@yilgarn.wa.gov.au or 9049 1688



# Mindfulness Workshop

#### COME ALONG AND EXPERIENCE THE BENEFITS OF MINDFULNESS. LEARN SKILLS TO USE IN EVERYDAY LIFE.

#### Benefits to the community:

Mindfulness has been implicated in improved emotional regulation and wellbeing. It can assist with your sleep and help you manage stress and anxiety. Interestingly it has also been shown to assist people with various medical conditions such as high blood pressure, chronic pain and some gastrointestinal difficulties.

#### Other:

This is a fully immersive workshop so please wear comfortable clothes, leave your phone turned off, and be prepared to "get involved".

#### Presenter:

Wheatbelt Agcare provides a counselling and support service throughout the Wheatbelt (11 shires). The organisation provides responsive counselling to clients with a range of needs. On occasion it may also provide talks, information sessions, or workshops that build skills in the community.

Wheatbelt Agcare's counsellor, Kaye Bell, has undertaken mindfulness practitioner training and has an interest in the benefits of being mindful. Mindfulness can change busy minds into calm ones!

We invite you to take part in this free interactive workshop which will help you build skills in mindfulness.

### Friday 14th February 2020

### 10:00 am - 12:00 pm

includes exercises, handouts and light refreshments

### Southern Cross CRC

Open to all community members - limit of 12 participants due to nature of the workshop. Please RSVP to CRC by Wednesday 12th February.



# Save the date ...

# Yilgarn Ladies Day Saturday 7<sup>th</sup> March 2020

Further information will appear in the next edition of Crosswords.





### Yilgarn Local Action Group: Skeleton Weed

The Yilgarn Local Action Group would like to wish all its landholders well for this years harvest and festive period.

Plants are out and flowering so watch out!

There have been a few changes to the Skeleton Weed program for the 19/20 season as directed by the Department of Primary Industry & Regional Development:

- New Finds, Code 1 & Code 3 paddocks are eligible for search assistance (\$6/ha, up from last year.)
- <u>Code 2 paddocks:</u> If you find plants, it immediately becomes a Code 1 and eligible for search assistance after a FULL search is carried out.
- All code one paddocks needed to be <u>searched</u> by the 31st of December
  2019. All other codes need to be searched by the 31st of January 2020.
- All property and **paddock records** to be sent in by the **15th February 2020**.
- Whilst invoices need to be sent in by March 15th, the sooner you complete

paperwork, the sooner you'll be paid.

For any further information please contact: Robbie Della: 0427 791 135 Bec Maddock: 9049 2007 (Wed mornings in the DAFWA office) Email: rebecca.maddock@dpird.wa.gov.au (fax no longer connected, please email or snail mail returns.) PO BOX 179, Southern Cross, WA 6426.



Mutated plant.

# **Community News**

### Moorine Rock Tennis Club

### **RECESS FOR JANUARY**

- SAT 08/02/20 SOCIAL TENNIS 3PM START PIZZA TEA
- SAT 15/02/20 MENS & LADIES DOUBLES OWN PARTNERS. ENTRIES TO LIB BY 13/02/18 SPONSORED BY APAL STEAK BURGERS

# Scheme water cannot be guaranteed during a bushfire

Water Corporation is prepared for bushfire season. However, we cannot guarantee that water pressure or water supply will be maintained in the event of a bushfire. Extreme demand, fire damage and power cuts can all result in a total loss of water.

If you plan to stay and defend your property during a bushfire, you must have your own independent water supply and pumping capability, and must not rely on scheme water.

Full details about how to prepare for the bushfire season can be found at firechat.wa.gov.au

# WANT TO PLACE A RENTAL OR HOUSE FOR SALE ADVERT?

Contact the CRC on 9049 1688 or crc@yilgarn.wa.gov.au to organise your ad to appear in our next edition!

### **Yilgarn Bowling Club**

### Mens

### January

10-12	League Round Robin Kalgoorlie

- Sun 12 Club Day
- 18-19 Pairs Championships
- 25-26 SEBL Australia Day Open 4's Narembeen
- Sun 26 Australia Day to be decided

### Ladies

### January

Tue 14	Social Bowls

- Tue 21 Social Bowls
- Tue 28 Social Bowls

### Southern Cross CWA AGM

Friday February 14th CWA Meeting rooms Senior Citizen's Centre 6:00pm start

All old and new members welcome. Following the AGM will be our annual wine & cheese night.

Hope to see you all there!

### Senior Exercises and Senior Games Practice

Starting Tuesday February 4<sup>th</sup> 9:30 – 10:30

Senior Games Practice Wednesday February 5<sup>th</sup> at 1pm

# A Firefighter's Prayer

When I am called to duty, God wherever flames may rage. Give me strength to save some life, whatever be its age. Help me embrace a little child before it is too late. Or save an older person from the horror of that fate. Enable me to be alert and hear the weakest shout; and quickly and efficiently to put the fire out. I want to fill my calling and give the best in me To guard my every neighbour and protect their property. And if according to your will, in my duty I must answer death's call, Bless with your protective hand, my family one and all. Author unknown

Taken from https://frsvols.asn.au/welfare-support/a-firefighters-prayer/





# WHEATBELT CANCER SUPPORT.

### Are you affected by cancer, or do you care for someone who is? Would you like an opportunity to talk to someone about what support is available?

Barbara Brennan from Cancer Council WA is an experienced health professional who is the Cancer Support Coordinator for the Wheatbelt Region.

Barbara can connect you and your family to Cancer Council WA and other community services available in your area.

Please call Barbara on 08 9621 1810 if you would like to discuss:

- information on all aspects of cancer
- accommodation during treatment in Perth
- practical and financial assistance
- emotional support





### What's happening?

In Western Australia: One person dies every

day by suicide. That's more than the road toll. Nearly 3 out of 4 deaths by suicide are male. WA's suicide rate was approx 20 per cent higher than the national average in 2016.

A big risk factor for suicide and self-harm is having a mental health issue.

We can reduce the risk of suicide by treating mental health issues early, by building resilience, and improving the overall mental health and wellbeing of Western Australians.



1 IN 5 AUSTRALIANS WILL HAVE A MENTAL HEALTH ISSUE EACH YEAR



WAS SPENT ON MENTAL HEALTH SERVICES IN AUSTRALIA IN 2015-2016



### Where to get help?

If you or someone you know is in a life threatening situation, or is at risk of harm to themselves or others, call 000.

Getting help early can make a difference. A good place to start is:

- Talk to your GP or someone you trust.
- Call a support line.
- Contact a support service.
- Try the Think Mental Health check-up tool.

TAKE TIME OUT & ENJOY

YOUR HOBBIES

# Looking after your mental health and wellbeing

Looking after your mental health and wellbeing is just as important as looking after your physical health.

It's normal to have ups and downs in life, it happens to all of us. Looking after your mental health enables you to function well and be able to cope when things aren't going so well.

Little things you can do include:



# Signs and symptoms of mental health issues

- Noticeable change in usual behaviour.
- Feeling down for some time and not getting better.
- 🎋 Problems sleeping.
- Lack of energy and motivation to do everyday things.
- X Major changes in eating habits.
- Withdrawal from friends and activities.
- Increased use of alcohol or other drugs.

# think MENTAL HEALTH

For more information visit thinkmentalhealthwa.com.au

### **SUPPORT SERVICES**

000 (emergency)

Rural Link: 1800 552 002 (24 hours)

Mental Health Emergency Response Line: 1300 555 788 www.mentalhealth.wa.gov.au

> Suicide Call Back Line: 1300 659 467 www.suicidecallbackservice.org.au

> > LifeLine: 13 11 14 (24 hours) www.lifelinewa.org.au

Kids Helpline: 1800 551 800 (24 hours)

Samaritans Crisis Line: (08) 9381 5555 www.thesamaritans.org.au

Crisis Care: (08) 9223 1111

Reachout: www.reachout.com

Mensline: 1300 789 978 (24 hours) www.mensline.org.au

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000 https://www.mhc.wa.gov.au/

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

Holyoake Northam: (08) 9621 1055 Merredin: (08) 9041 3807 Narrogin: (08) 9881 1999 Freecall: 1800 447 172

Wheatbelt Mental Health ServiceNortham: (08) 9621 0999Narrogin: (08) 9881 0700



Enabling lasting change for individuals, families and communities.



### Eastern Districts Petfood BULLFINCH regular deliveries to **ERN CROSS** SOUT camel, roo, beef, rabbit, roo tails Injured or un-stock removed! Fencing contractor available. Feral dog control. NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC Kangaroos under 20kg not accepted. Also buying in beef & horse for dog bait purposes. Drop off by appointment only. Encouraging local farmers to get on board. PROFESSIONAL. Police clearances available on request. LICENSED and INSURED. Phone Andrew or Tyler Now PAT СНАТ **Domestic and Commercial** MOBILE VET ~Pre-purchase Inspections Dr Andrea Roberts ~Spiders PO Box 543 MERREDIN WA 6415 ~Termite Control Phone 0428212945 ABN 23036138418 ~Ants ~Rodents 2020 SOUTHERN CROSS ~Cockroaches MOBILE VETERINARIAN VISIT DATES ~Other Household Pests Thursday 23 January 2020 LOCALLY OWNED AND OPERATED SERVICING THE WHEATBELT Please ring or text Andrea on 0428212945 for an Phone Deon or Leah King appointment Phone/Fax: 9041 2018 Mobile: 0428 412 018 PO Box 313, MERREDIN WA 6415 PHD License No 311

## **Real Estate**

### For Sale \$98K/Rent \$180 per week Quaint 3 x 1 Duplex

Come and take a look at this little Gem! All you need to do is move in!

- Large Patio
- Built in BBQ
- Garden shed
- Huge shaded garden area
- Evap Air-con throughout
- Gas Instant Hot Water
- Gas Stove
- Fire Heater
- New Zinc alum Roof
- 526m2 secure block

### Contact:

Chris Hanretty mb: 0424071760 Mick Hanretty mb: 0437338608



Mentally Healthy WA

being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health





Fuwa K-Hitch, Fruehauf, BPW, brakes, bearings, seals, air fittings and much more

Providing Mobile Maintenance and Repairs for your Agricultural and Heavy Transport Equipment

> Speak to Kristian T 0429 498 492 E kristian@boronamechanical.com.au W www.boronamechanical.com.au



### <u>AG MAG</u> Westonia Magnesite

13% Magnesium 4%Ca, 7%Fe +many trace elements Co, Cu, Mn, Zn, K, P & S FERTILISE, NEUTRALISE BOOST the PROTEIN NV = 37 % per year for years The rock oxidises fast, breaks down into smaller bits, every year banging more minerals & NV into your paddock. BEACHSAND (seashells) cannot compete! <u>AG MAG</u> - Used for 20 + years by LEG-ENDS with heaps of real testimonials IT'S LOCAL, NATURAL & IT WORKS \$16.50/t inc GST pickup Wessie

Edd - 0428 467 766

Services Listing

### R.J.S Labour Services Rob Southall

Home: 9049 5313 Mobile: 0487 834 002 w.w.w.rjslabourservices.com

Gardening Services

Handyman Services

And other services

Reasonable rates

7 days a week 8am—5.30pm

# SOUTHERN CROSS MOTOR MART

VEHICLE SERVICING GENERAL MECHANICAL REPAIRS

AUTO ACCESORY SHOP BELTS~BRAKES~SUSPENSION~EXHAUST~FILTERS~OILS STIHL DEALER 24 HOUR TILT TRAY TOWING SERVICE ALL INSURANCE TOWING LIC. MRB1159 RAC CONTRACTOR

ROADSIDE / BREAKDOWN ASSISTANCE

Phone 90491590

After Hours 0428491590 14 Orion St. Southern Cross (On the Highway)





We specialise in All Types Of Pests

### Deon & Leah King 0428 412 018

PO Box 313 Merredin WA 6415 Phone/Fax: 9041 2018

State Licence No. 4294 Registration No. 311

Services Listing space available!

Please contact the CRC for further information. 9049 1688 <u>crc@yilgarn.wa.gov.au</u>



# Southern Cross Tyre & Auto Services

License No: MRB5934 ARC Lic No: AU37376

8-10 Spica Street, Southern Cross WA 6426 Ph: 9049 1172 Email: <u>info@sxtas.com.au</u> Website: <u>www.sxtas.com.au</u>

Tyres; Car, 4WD, Truck, Agricultural & Earthmoving

Hydraulics, Automotive Parts & Servicing, Agriculture, Mining, Kalexpress Freight Depo, BOC Gas & Elgas Agents, Vehicle & Equipment Hire.

Find Us on Facebook!

Ca	lendar of Events
Sun 26 Jan	Australia Day—Sundowner at the Oval starting 4pm with ceremony, activities and movie
Mon 27 Jan	Public Holiday for Australia Day
Tue 4 Feb	Senior's Exercises start for 2020 @ Senior Citizen's Centre 9:30am
Wed 5 Feb	Senior's Games Practice starts @ 1pm
Tue 11 Feb	Windows to the Regions follow-up workshop @ CRC 5pm—7pm
Tue 11 Feb	Annual Electors Meeting @ Council Chambers 6pm
Fri 14 Feb	Mindfulness Workshop @ CRC 10am—RSVP by Wednesday 12th Feb
Fri 14 Feb	CWA AGM @ CWA Meeting Room, Senior Citizen's Centre 6pm Followed by annual wine & cheese night
Sat 7 Mar	Ladies Day 2020
_	

#### **Regular activities HACC** activities Mondays & Wednesdays @ SX Hospital Happening at the Senior Citizen's Centre: Art Group Tuesday, 11.00am Carpet bowls Wednesday & Friday, 10.00am Fancy Feet Tuesday, 9.30am (restarting in February) Movers & Groovers Thursday, 9.30am (restarting in February) Tuesday, 6pm Patchworking Scrapbooking Thursday, 10am—3pm Wednesday, 7.30pm (restarting in February)

Third Friday night of every month

Singing CWA Meetings

### Recycling Days

### Looking to get involved in a group or club?

There are many local groups you can join!

Art Group	Southern Cross Singers	Sporting groups including:
Country Women's Association	Southern Cross St John Ambulance	Basketball
H.A.Y. Committee	Southern Cross Vol. Fire & Rescue	Darts
P & C Organisations	Volunteer Bush Fire Brigade	Football
P & F Organisation	Yilgarn Agricultural Society	Golf
Scrapbooking	Yilgarn Entertainers	Lawn Bowls
Senior Citizen's Centre activities	Yilgarn History Museum	Motorcycle Club
Sh8pes Gym & Fitness Centre	Yilgarn Men's Shed	Netball
Southern Cross Gardening Club	Yilgarn Motoring Enthusiasts	Shooting
Southern Cross Hospital Auxiliary		Tennis