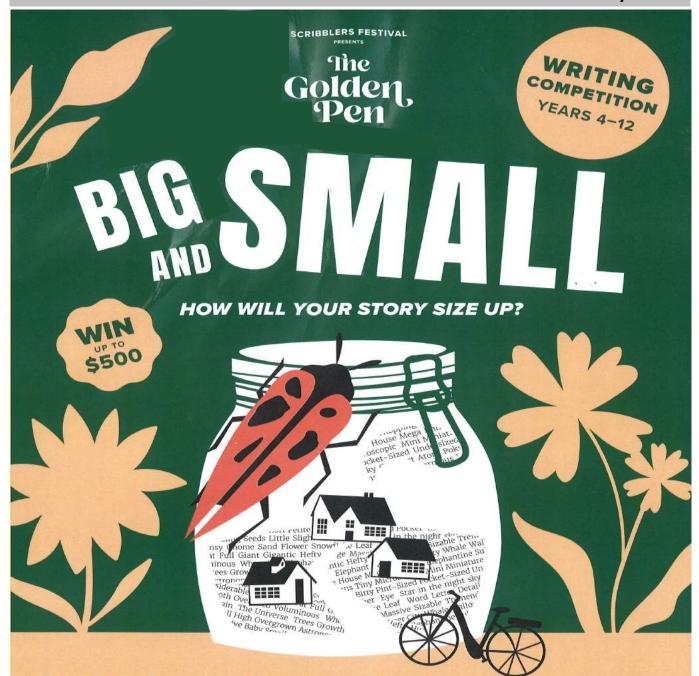


Volume 22

Issue 1

7 January 2021



We want to read your story that explores what the theme "BIG & SMALL" means to you. Is it a new perspective, or a play with size? Perhaps a little creature could have a big idea? Or a small idea could become a grand adventure. You can write in any format that inspires you. Share your story when you enter The Golden Pen – Scribblers Festival's 3rd annual Writing Award!

Scribblers Festival is an initiative of FORM: Building A State of Creativity.

FORM, building a state of creativity

Principal Partners









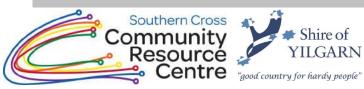
🖪 🔘 @scribblersfest

Learn more at

scribblersfestival.com.au

Supporting Partner





The Crosswords is produced by the Southern Cross CRC, PO Box 178, Canopus St, Southern Cross WA 6426

Phone: 08 9049 1688 Fax: 08 9049 1686 Email: crc@yilgarn.wa.gov.au

Crosswords Disclaimer:

The Shire of Yilgarn supports the production of this community newsletter the content of which will include articles or comments from advertisers and contributors. The Shire does not accept responsibility for the content or accuracy of any of the information supplied by advertisers or contributors.

Shire of Yilgarn Emergency information hotline

Call (08) 9487 8777

for information relating to bushfire issues including vehicle movement & harvest bans, road closures, flood or other local emergency matters.

Southern Cross Landfill Times

The Tip Shop will also be open during the below hours.

Monday	1:00pm to 4:00pm
Tuesday	1:00pm to 4:00pm
Wednesday	Closed
Thursday	Closed
Friday	1:00pm to 4:00pm
Saturday	10:00am to 4:00pm
Sunday	10:00am to 4:00pm

Crosswords Advertising Rates 2020/21 (as of 1 July 2020)

Business Advertisements (Business premises outside of the	Black		Colour	
Shire of Yilgarn)	No Typesetting	With Typesetting	No Typesetting	With Typesetting
Full Page (A4)	\$35.00	\$55.00	\$160.00	\$180.00
1/2 Page (A5)	\$20.00	\$30.00	\$90.00	\$100.00
1/4 Page	\$15.00	\$25.00	\$50.00	\$60.00

Local Business and Non-Profit Organisations Advertisements

(Business premises within the Shire of Yilgarn)

Full Page (A4)	\$30.00	\$50.00	\$130.00	\$160.00
1/2 Page (A5)	\$15.00	\$18.00	\$70.00	\$90.00
1/4 Page	\$10.00	\$15.00	\$35.00	\$40.00

Lineage (Employment, Real Estate, Garage Sales maximum 6 lines) \$8.00

Advert size specifications for Crosswords (W x H)

1/4 page vertical90mm x 120mm1/4 page horizontal180mm x 60mm1/2 page vertical90mm x 270mm1/2 page horizontal180mm x 120mmA4 Full page180mm x 270mm

* * *

A5 adverts which are not horizontal will be displayed in print on their side to ensure no modification to advertisements.

DON'T FORGET! Crosswords' submissions close every 2nd Tuesday at 12.00 noon

2021 Publishing Dates

Deadline 12 noon	Publishing Date
5/01/2021	7/01/2021
19/01/2021	21/01/2021
2/02/2021	4/02/2021
16/02/2021	18/02/2021
2/03/2021	4/03/2021
16/03/2021	18/03/2021
30/03/2021	1/04/2021
13/04/2021	15/04/2021
27/04/2021	29/04/2021
11/05/2021	13/05/2021
25/05/2021	27/05/2021
8/06/2021	10/06/2021
22/06/2021	24/06/2021
6/07/2021	8/07/2021
20/07/2021	22/07/2021
3/08/2021	5/08/2021
17/08/2021	19/08/2021
31/08/2021	2/09/2021
14/09/2021	16/09/2021
28/09/2021	30/09/2021
12/10/2021	14/10/2021
26/10/2021	28/10/2021
9/11/2021	11/11/2021
23/11/2021	25/11/2021
7/12/2021	9/12/2021

Church Notices / Updates



48 Altair Street, Southern Cross SX Presbytery: 9049 1049 (Fri to Sun)

Kalgoorlie Presbytery: 9021 2100 (Mon to Thurs)

Email: kalgoorlie@perthcatholic.org.au

Facebook: Lucy Montserrat

YouTube: Yilgarn Westonia Catholic

Public Mass re-commenced at Our Lady of Montserrat church on the weekend of 23/24 May. COVID-19 protocols are posted as a notice on the front door of the church. Please read this notice carefully before entering the church.

Mass Times

Saturday 6:30pm* Sunday 8:30am

* As well as being open to the public, Saturday evening Mass will be live-streamed each weekend. The live-stream is for those for whom getting to OLM church on the weekend is impractical. Live-streamed Masses will continue to be available in "Catch-up" mode via the parish YouTube channel.



Service held 1st Sunday of the month.

Contact:

John McKane 9041 1117 Mobile 0435 507 606

9049 8026 Cheryl Auld Diane Della Bosca 9049 1149



Antares Street, Southern Cross **Enquiries: Leonie Gethin** Ph.: (08) 9049 1222

Anglican services at Christ Church Southern Cross for 2021

All services are held on Saturday at 11.00am Everyone is warmly invited to come along

20th February (season of Lent) 17th April (Easter season)

19th June 21st August

(Annual Meeting follows)

16th October 11th December

(Christmas service)





"good country for hardy people"

ANNUAL ELECTORS MEETING 2019/2020 FINANCIAL YEAR

Pursuant to section 5.29(1)(a) of the Local Government Act 1995, notice is hereby given that the Annual Meeting of Electors of the Shire of Yilgarn will be held on **Tuesday**, **9 February 2021** in the Council Chambers, Antares Street, Southern Cross commencing at **6.00pm**.

The Order of Business will be as follows:-

- 1. Attendance and Apologies
- 2. Confirmation of Previous Minutes
 Minutes of Annual Electors meeting held on Tuesday, 11 February 2020.
- 3. Adoption of the Annual Report and Financial Statements for the 2019/2020 Financial Year.
- 4. Adoption of the 2019/2020 Auditor's Report.
- 5. Adoption of the Shire President's Report.
- Adoption of the CEO's Report.
- 7. General Business or Other Business at the Discretion of the Shire President or as approved by the Electors present.
- 8. Closure

A copy of the Annual Report is available on the Shire of Yilgarn's website www.yilgarn.wa.gov.au.

Electors wishing to ask questions that require research are asked to submit same in writing by **Tuesday**, **2 February 2021**.

Peter Clarke Chief Executive Officer

Shire news



SHIRE OF YILGARN

2021 COUNCIL MEETING SCHEDULE

In accordance with Section 12 of the Local Government (Administration) Regulations 1996, it is hereby notified for public information that the following dates and times have been set for the Shire of Yilgarn's 2021 Ordinary meetings of Council:-

Monthly Ordinary Council meetings to commence at 4:00pm on the following dates: -

No Meeting Schedule	ed
February 2021	Council Chambers Southern Cross
March 2021	Council Chambers Southern Cross
April 2021	Council Chambers Southern Cross
May 2021	Council Chambers Southern Cross
June 2021	Council Chambers Southern Cross
July 2021	Council Chambers Southern Cross
August 2021	Council Chambers Southern Cross
September 2021	Council Chambers Southern Cross
October 2021	Mt. Hampton Hall
November 2021	Council Chambers Southern Cross
December 2021	Council Chambers Southern Cross
	February 2021 March 2021 April 2021 May 2021 June 2021 July 2021 August 2021 September 2021 October 2021

The above meetings are open to the public and commence at **4.00pm**. A 15 minute Public Question Time is allocated at the commencement of each meeting where residents are welcome to ask questions, with or without notice, or raise an issue considered relevant to the operations of Council. In some cases prior notification of a proposed question is considered prudent, particularly if the matter requires some research. Residents are also welcome to attend the whole meeting however, they are not permitted to speak (unless directed by the Shire President) or take part in debate on any agenda item.

Other meetings such as the Annual Meeting of Electors and Special Meetings of Council called for a specific issue are advertised separately.

Peter Clarke

CHIEF EXECUTIVE OFFICER



Australia Day Brekky

JOIN US FOR BACON & EGGS <u>8AM TO 9.15</u> BEFORE AUSTRALIA

DAY AWARDS ARE PRESENTED AT <u>9.30AM</u>

POOL OPENED AFTER AWARDS

Tuesday 26 January 2021 | 8 AM | Rotary Park





Shire news





SKELETON WEED SUPPORT OFFICER (part time)

"good country for hardy people"

The Shire of Yilgarn invites applications for the position of Skeleton Weed Support Officer, which is a part-time role. The position will involve 35 hours per fortnight, with flexible working arrangements available. The primary responsibilities of the position are:

- Providing administrative support for the Yilgarn Local Action Group;
- Provide reception support for Department of Primary Industries and Regional Development;
- Assist affected landholders meet their skeleton weed program requirements;
- Assist Yilgarn Local Action Group with winter treatment of affected sites;
- Collect and maintain information related to Skeleton weed searching and treatment;
- Assist in preparing reports and financial acquittal/budget applications.

While no previous experience working with skeleton weed is required, a basic knowledge of the plant, control program and the Yilgarn area would be beneficial.

The position is fully funded by the Grains, Seeds and Hay Industry Funding Scheme, and therefore is reliant on grant funding to continue each year and operates out of the DPIRD Office located on Arcturus Street, Southern Cross.

Council operates under the Shire of Yilgarn Enterprise Agreement 2017, salary and conditions will be in accordance with this agreement. This Part Time position is classified as a Level 5 and will be applied on a pro-rate basis. The salary package for a level 5 position is as follows:

- \$28.58 per hour
- up to 15% superannuation
- four weeks annual leave (pro-rata) and annual leave loading
- housing allowance

An application pack is available at www.yilgarn.wa.gov.au. Further information can be obtained by contacting Executive Manager Regulatory Services – Nic Warren on 9049 1001 or emrs@yilgarn.wa.gov.au.

Written applications, addressed to the CEO and marked confidential, will be received up to **4:00pm Wednesday 20th January 2021** and should be marked "Confidential Application – Skeleton Weed Support Officer". Refer to the Application Pack on what forms to complete and how to apply.

Peter Clarke
Chief Executive Officer
Shire of Yilgarn
PO Box 86
SOUTHERN CROSS WA 6426

PLEASE NOTE: Canvassing of Councillors will lead to disqualification. If successful in obtaining the position you will be required to obtain relevant police checks, and to provide evidence of all claimed qualifications prior to commencing employment. This position is subject to a National Police Clearance and Pre-Employment Medical Assessment.

Shire news







"good country for hardy people"

SX Hardware & News

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The Shire of Yilgarn
DECK THE HOUSE
CHRISTMAS LIGHTS COMPETITION
2020

Winners are:

Stacey Pike
and
Jodie Dawson & Malcolm McDonald
(both receiving \$100 gift vouchers)

Congratulations!!

Honourable mentions: Karen Price, Kyle and Lorrae Carlson, Andrew & Donna Crafter, Jenny & Roger McLean, Josie & Joel Kent, Natalie Treadwell & Steve McLellan, Rat & Ham, Lyn & Harry Watts, Bianca & Ben, the Freestone family, and the Boso family.



SAVE THE DATE!! FRIDAY 5TH FEB 2021







A SHOW THE WHOLE FAMILY CAN ENJOY IS COMING TO SOUTHERN CROSS COMMUNITY CENTRE!!

TICKET INFO TO COME!

St Joseph's School Southern Cross

Educating for the 21st Century ~ Inspiring Hope

Affordable School Fees

- Pre-Primary to Year 6 \$250 per child per year (\$12.50 per fortnight)
 - Kindergarten \$100 per child per year (\$5 per fortnight)
- Pre Kindy (Three Year Old) \$60 per child per year

These fees include all costs associated with booklists, camp, excursions and much more.

To enquire about an exciting educational experience for your child, please contact us today

Email: admin@stjoessx.wa.edu.au Phone: 90492100



Government services—closer than you think

At the Southern Cross CRC you can access Centrelink, Medicare and other government programs and services.

We're an Australian Government Agency of Services Australia Access Point.

Using our computer, you can log in to your myGov account and do your business on the spot.

There is a phone for you to access phone self service or speak to a department service officer.

If you'd rather use your mobile phone or tablet, we've got free Wi-Fi available 24/7.

You don't need a password so you can get online straight away.

You can also use the Wi-Fi to download and install the Express Plus mobile apps.

Our staff will even certify your identity documents for you.

So next time you need to do some government business, drop in and see us.

We're open Monday—Friday, 8:30am—12 noon, 1:00pm—4:30pm at the CRC (Canopus Street, within the school grounds).

Community News

Thank you

Thank you

The Hospital Auxillary would like to thank the shire of Yilgarn for the use of the Senior's Centre on Friday 11th December 2020 for the Carols by Candlelight as well as Southern Cross Hardware & News, Southern Cross District Hospital, The Anglican Op shop, Barto Gold and all our other ticket sellers.

Congratulations to the following prize winners:

1st Prize — Nicola Granich
2nd Prize — Rob Cookson
And
3rd Prize — Bailey Pratt

To all SCRAPPERS and PATCHWORKERS/ SEWERS

Come along and join in the fun!

Patchwork/Sewing will be held on the following evenings at the Senior Citizen's Centre from 6:00 pm – 9:00pm.
Tuesday February 2nd and 16th.

Scrapbooking will be held at the Senior Citizen's Centre from 11:00am to 3:00pm (bring your own lunch).

Thursday February 11th and 25th.

Contact numbers
Judy 90 491 283
Di 90 491 149

Condolences

Dorazio, Bernie

The Shire of Yilgarn President, Councillors and staff express their deepest sympathy to Onida, James, Nicholas and Danica on the passing of Bernie.

Bernie was a fine man who will be greatly missed.

PLEASE NOTE

The CRC will be closed all day, Thursday 21st January 2021.

We will reopen on Friday at 8.30am as normal.

We apologise for any inconvenience.

Yilgarn Bowling Club

Mens

8-10 League Round Robin Merredin

Club

Sun 17 Club Day

25—26 SEBL Australia Day Open Fours

Narembeen

Sat 30 Yilgarn Pairs

Sun 31 Yilgarn 4's

February

6-7 Singles Championships

6-7 Zone Round Robin Busselton

Ladies

Tue 12 Social Bowls
Tue 19 Social Bowls

Tue 26 Social Bowls

Fri 29 Champ of Champ Fours Westonia

February

Tue 2 Singles Championship

Moorine Rock Tennis Club

No Tennis until 6th February.

Bodallin hall

The future of Bodallin public hall is presently in limbo, tied to its usage to justify its retention. At one time the district was dotted with halls built by an earlier generation. Public halls, where the local population gathered for activities and sport and fun.

The original hall at Bodallin was a weatherboard building with iron roof constructed on lot 35, and paid for by the locals. The kitchen was a vacant shop towed by tractor and joined to the rear of the hall. Old railway sleepers covered with tarpaulin made a good stage. The hall opened in November 1928 under management of Bodallin Hall Committee. The first item purchased was a pianoforte.

At that stage Bodallin township plus Great Eastern Highway was situated several hundred metres south of the present position.

Bodallin hall was ideally sited alongside the recreation ground. The hall was well used by local sporting bodies, various churches, organisations like CWA, the local polling venue, and for dancing and other frivolity. It was also a favourite venue for Railway Picnics, with special trains running from Merredin and Southern Cross.

However by the 1930's the world depression was deepening with many Yilgarn farms abandoned. In 1934 Bodallin Hall Committee asked Yilgarn Road Board to take over their hall due loss of population. In recent years West Ward (Bodallin/Moorine) had reduced from 379 voters to only133.

It took nearly twenty years before the district got back on its feet following depression and war. Bodallin hall, now under auspices of Yilgarn Road Board, was still well used but showing its age.

In 1961 plans were made to replace the old wooden hall with a larger building of brick, with the cost spread over all ratepayers in Yilgarn. A spiteful public meeting in Southern Cross resulted in a referendum, and Bodallin hall was shelved with ratepayers against the proposal.

Ironically Bodallin people had asked for only the West Ward be rated extra to pay for the hall. But recent regulation forbid sectional rating, so the cost was spread over the entire district. This included the swimming pool at Southern Cross which was paid by all ratepayers, including those at Bodallin.

It was not until 1969 that plans for a new hall at Bodallin got the go-ahead. Due to drainage problems in the main street, the location was moved to the west end of town which was high and dry. New playing fields nearby also followed. The old hall was pulled down at the end of 1970.

However constructing the new hall was as controversial as the rating problem. The hall took several years to complete. It was a time of ultra-inflation and a number of building contractors went broke during this period. Local builder Les Clarke struggled on with help from the Shire. Farmers helped by carting bricks and building materials back from Perth. The hall was christened Bodallin Community Hall and finally opened with a gala ball on 2nd April 1971.

The new hall was as popular as the old one, hosting the local sporting bodies, churches, service organisations, polling, meetings, fashion parades, concerts, weight watchers, pottery club, and car rallies and trials. The hall was also the venue for 'Back to Bodallin' celebrations held in October 1979.

Dancing was particularly popular at Bodallin in those days with people coming from all over Yilgarn to join in the fun. Country Woman's Association and Parents and Citizens were particularly active organisations.

Improvements at the hall were ongoing over the years. A suitable plaque was obtained and mounted on a large rock near the entrance. Trees were planted around the building and sports area. CWA installed playground equipment plus child-proof fencing. Plans were also made to extend the hall for teaching arts and crafts. Instead a craft activity building of metal construction was erected alongside the pottery shed. A reflection of the civic minded community at Bodallin.

But time moves on. The narrow gauge railway closed down at Bodallin which led to the Great Eastern Highway being moved to its present location, complete with the town's only shop. Bodallin old town faded into history. Coupled with the loss of farming population as neighbour bought out neighbour, Bodallin is only a shadow of its hey-day. That once popular hall is now rarely used.

Written by Lance Stevens Yilgarn History Museum.



Scribblers Festival is an initiative of FORM: Building A State of Creativity.

FORM.

Principal Partners













Supporting Partne





PUBLIC NOTICE

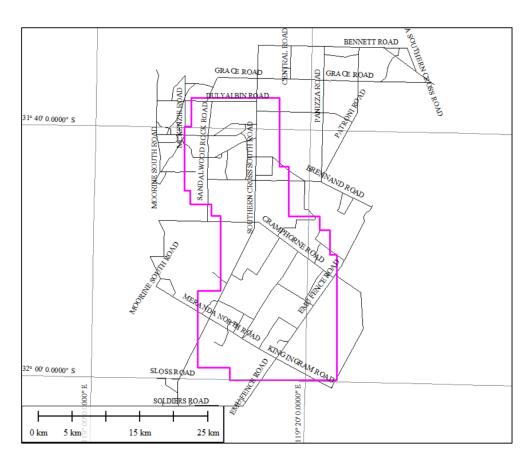
Upcoming Exploration Activities

Sipa Resources Limited, the Perth based exploration company has four exploration licence applications (E77/2705 – E77/2708), 65km south of Southern Cross. The location of the survey is shown in Figure 1 and Figure 2. The Company would like to notify the general community that MagSpec Airborne Surveys will be performing an airborne geophysical survey commencing mid-January 2021, which will have an expected duration of approximately 7 days.

The survey aeroplane will be flown at a height 30-40 metres above the land surface along a continuous series of east-west oriented flight lines, spaced 100 metres apart.

This mineral exploration technique is designed to measure the magnetic nature of the rocks hidden by soil cover. The results will aid in mapping the rocks and to determine the mineral prospectivity of the area.

For further information, please contact: Mathew Cooper (Consultant Geophysicist) 0412 863 651, or Peter Spencer at MagSpec (08) 6260 2041



Sipa Resources Limited: Unit 5, 1st Floor Subiaco Court, 12-20 Railway Road, Subiaco, WA, 6008

www.sipa.com.au reception@sipa.com.au

Figure 1: Survey outline (pink polygon) and local roads

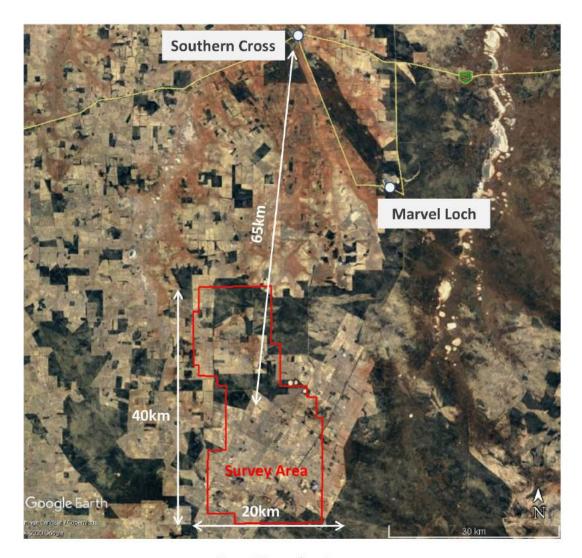


Figure 2 Survey location map

BETTER HEALTH PROGRAM

Be fitter, healthier and happier!

The Better Health Program is a **free**, online, healthy lifestyle program for 7-13 year olds who are above a healthy weight and their families.





Government of Western Australia WA Country Health Service





- Aged 7-13 years old?
- Above a healthy weight?
- In need of support to improve eating and activity habits?

The Better Health Program is a FREE, 10-week, online program for children and families. There are weekly online sessions, free resources (+fitness tracker!) and weekly coaching calls with a trained and qualified health coach to help keep you on track.

Get involved and start collecting your weekly tokens and prizes!

To register or find out more:

1300 822 953 betterhealthprogram.org Better Health Company



@betterhealthcompany



The Better Health Program is funded by WA Country Health Service.



COVID-19 is not over. It's up to each of us, to protect all of us. Let's keep WA safe.







healthywa.wa.gov.au

We're all in this together.

"DON'T FORGET"

Take your school book list (before it gets lost) to:

The Stationary Store 18 Antares St

We will pick & pack for your collection in January/February 2021

(\$20 deposit is required on all lists)



Dr Andrea Roberts BVMS,
PO Box 543, MERREDIN WA 6415
Ph: 0428212945 ABN: 23036138418

Southern Cross 2021 MOBILE VET Visiting Dates

Thursday 28th January Thursday 25th February
Thursday 25th March Thursday 22nd April
Thursday 20th May Thursday 17th June
Thursday 15th July Thursday 12th August
Thursday 9th September Thursday 7th October

Please ring or text Andrea on 0428212945 for an appointment right to your front door.

Friday 5th November

Thursday 2nd December



being active, having a sense of belonging and having a purpose in life all contribute to happiness and good mental health

TRAUMA INFORMED CARE & PRACTICE

TRAINING FOR HEALTH WORKERS & AGENCIES

Many people who access human services have experienced traumatic events including: family and domestic violence, child abuse and sexual violence. Service providers that are not trauma specialists may have concerns or feel overwhelmed about how they can support people who have experienced trauma.

Trauma Informed Care and Practice (TICP) does not require service providers to work with the trauma specifically; instead it recognises the impact of a person's trauma and seeks to embed principles of safety, trustworthiness, choice, collaboration and empowerment into the services provided. TICP also considers cultural, historical and gender issues at an individual and whole-of-service level, providing those who have experienced trauma with a safer and more supportive service.

This training program aims to assist individual workers and agencies to begin to implement trauma informed care and practice. The 1-day workshop will:

- Provide an overview of different types of trauma
- Describe the links between alcohol and other drugs, mental health issues and trauma
- Describe the impacts of trauma
- Explain the principles of TICP
- Provide participants with an opportunity to consider how to implement TICP in their agency and as an individual worker.

Please note: This workshop does not provide information about how to undertake counselling related to traumatic material.

For further information and expressions of interest in this training program, please contact Jo Woodruff (AOD Prevention Officer – Holyoake WCADS) on 0475 506 963 or jwoodruff@holyoake.org.au.





RECOGNISING & RESPONDING

Amphetamine Intoxication/Toxicity & Opioid Overdose

Recognising and Responding (R&R) training is designed for frontline workers from human and community services who come into regular contact with people who use amphetamines and/or opioids in the course of their work. For example: AOD counsellors, NSP workers, youth workers, police, ambulance officers, rangers etc. This training is focused on non-medical responses to amphetamine intoxication/toxicity and opioid overdose

The aim of the training is to increase participants' knowledge and confidence in managing amphetamine intoxication/toxicity and opioid overdose, with the purpose of improved service provision, better engagement and reducing the harms associated with amphetamines and opioid use, including death.

By the end of this training, participants will be able to:

- Describe the harms, effects and withdrawal process of amphetamines and opioids
- Identify signs and symptoms of amphetamine intoxication/toxicity and opioid overdose
- Respond to clients experiencing amphetamine intoxication/toxicity and psychosis, including the use of deescalation skills
- Respond to opioid overdose, including basic life support responses, naloxone administration, and post-overdose management
- Be aware of relevant resources available to support workers and clients.

For further information and expressions of interest in this training program, please contact Jo Woodruff (AOD Prevention Officer – Holyoake WCADS) on 0475 506 963 or jwoodruff@holyoake.org.au





Eastern Districts Petfood BULLFINCH

regular deliveries to SOUTHERN CROSS

camel, roo, beef, rabbit, roo tails

Injured or un-stock removed! Fencing contractor available. Feral dog control.

NOW BUYING IN KANGAROO CARCASSES ONLY FROM LICENCED SHOOTERS WITH DEC

Kangaroos under 20kg not accepted.

Also buying in beef & horse for dog bait purposes.

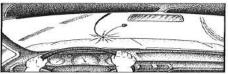
Drop off by appointment only.

Encouraging local farmers to get on board.

PROFESSIONAL. Police clearances available on request. LICENSED and INSURED.

Phone Andrew or Tyler Now

9049 5317



Coming to Southern Cross

Eastern Districts Panel Beaters Merredin's Windscreens O'Brien Authorized Dealer

will be in SOUTHERN CROSS on the

January 20, February 17, March 17, April 21, May 19, June 16

- Auto Glass-Front, Rear & Side for all Makes & Models
- All Fleet & Insurance Work with Direct Billing
- Trucks & Heavy Machinery
- Chip Repairs
- 24hr Tilt-Tray Towing



Eastern Districts Panel Beaters PO Box 247, Barrack Street East MERREDIN WA 6415 Email: edpb@bigpond.com

> PH: 08 9041 1592 MBL: 0407 020 413 FAX: 08 9041 1149

FOR ALL BOOKINGS PHONE GRANT DIRECT ON 9041 1592

Plus you can see **GRANT** for all your Smash Repair Quotes, either Insurance or Private.



Domestic and Commercial

- ~Pre-purchase Inspections
- ~Spiders
- ~Termite Control
- \sim Ants
- ~Rodents
- ~Cockroaches
- ~Other Household Pests

LOCALLY OWNED AND OPERATED SERVICING THE WHEATBELT

Phone Deon or Leah King Phone/Fax: 9041 2018 Mobile: 0428 412 018 PO Box 313, MERREDIN WA 6415 PHD License No 311

R.J.S Labour Services Rob Southall

Mobile: 0487 834 002

Gardening Services

Handyman Services

And other services

Reasonable rates

7 days a week 8am-5.30pm





ACTION CALENDAR: HAPPIER JANUARY 2021 🗈





MONDAY

4 Write a list

11 Switch off

18 Focus on

of things you feel

grateful for in life

and why

bedtime

what's good,

even if today

feels tough

TUESDAY

5 Look for the good in others and notice their

with someone

near you - share

19 Get back in

26 Say hello

an old friend

to a neighbour

and get to know

them better

WEDNESDAY

Take five

minutes to sit

still and just

breathe

13 Be gentle with yourself

when you make

in good time and

give yourself time

to recharge

27 Challenge

"Happiness is when what you think, what you

say, and what you do are in harmony" - Gandhi

THURSDAY

something new

with others

Take a

different route

today and see

what you notice

FRIDAY

Say positive

people you

meet today

SATURDAY

2 Make time today to do something kind else to help to

and notice five

things that are

for yourself

tell them why 16 Get outside

15 Eat healthy food which really nourishes

Try out something new

something fun to get out of your comfort zone

and invite others

at today

30 Count how many people you can smile

SUNDAY

Thank someone you're grateful to and

brighten their day

17 Contribute positively to a good cause or

24 Put away digital devices and focus on being

31 Write down or plans for the future











ACTION FOR HAPPINESS



for the upside



28 Ask other

people about

things they've

enjoyed recently





www.actionforhappiness.org

Happier · Kinder · Together

WANT TO PLACE A FOR RENT OR HOUSE FOR SALE ADVERT?

Contact the CRC on
9049 1688 or
crc@yilgarn.wa.gov.au to
organise your ad to appear in
our next edition!



House for Rent

3 Bedroom comfortable House

- * Well located
- * Air Con
- ★ Clean and tidy
- * Partially Furnished

\$180.00 per week **0418 915 652**

HOUSE FOR SALE 61 Spica Street Southern Cross \$195,000

- √ 4 bedrooms all with built-in wardrobes and split system air conditioners
- √ 1 bathroom with bath and shower
- ✓ 2 toilets
- ✓ Linen cupboard
- ✓ HUGE family room
- ✓ User friendly kitchen with heaps of overhead cupboards, natural light, dishwasher and walk-in pantry. 5 burner gas cooktop, electric oven
- ✓ Split system air conditioners throughout main living area
- ✓ Windows have either blinds and/or curtains
- ✓ Electric HWS
- ✓ Large decking
- √ Heaps of storage
- ✓ Great NBN internet connection
- ✓ Carport
- ✓ 3 sheds, one with two roller doors and powered workshop
- ✓ Citrus trees
- ✓ Raised garden beds
- ✓ Chicken coop
- ✓ Rainwater tank
- ✓ Rear access
- ✓ Reticulated garden and lawn

Walking distance to shops, schools and most sporting facilities.

Simply move in and unpack.

Genuine enquiries only on 0409 049 112



3—4 bedroom house to rent with 1-2 bathrooms, aircon & heating and parking for 2—3 vehicles.

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Services Listing space available!

Please contact the CRC for further information. 9049 1688

crc@yilgarn.wa.gov.au

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Nick Walsh

<u>Owner</u>

Mobile - 0499 465 351

Address - 68 McInnes Street, Moorine Rock

Email - nick.mrbuilder@gmail.com



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Ph: 9049 1172 Email: info@sxtas.com.au

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CC	alendar of Events	
Wed 20 Jan	Eastern District Panel Beaters in town	
Tue 26 Jan	Australia Day Brekky @ Rotary Park from 8am	
Thu 28 Jan	Pat & Chat Mobile Vet in town	
Fri 5 Feb	SAVE THE DATE! Splash Test Dummies - more details to come next edition!	
Tue 9 Feb	Annual Electors Meeting (2019/2020 Financial Year) @ Council Chambers 6pm	
Wed 17 Feb	Eastern District Panel Beaters in town	
Thu 18 Feb	Shire of Yilgarn Council Meeting @ Council Chambers 4pm	
Thu 25 Feb	Pat & Chat Mobile Vet in town	

SUPPORT SERVICES

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line: 1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)

Beyond Blue: 1300 224 636 Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support): 1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

Grief Line (midday to 3am EST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line: 1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570

Wheatbelt Domestic Violence Helpline 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA - 1300 724 679

Suicide Bereavement Service: 0474 076 849

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: (08) 9621 1055 Narrogin: (08) 9881 1999 Merredin: (08) 9081 3396

Victoria Park: (08) 9416 4444 Midland: (08) 9274 7055

Freecall: 1800 447 172

WACHS Wheatbelt Mental Health Service - (08) 9621 0999



Recycling Days

January 8February 12March 12January 22February 26March 26